

training code: ZP-PAL-Een / ENG DL 2d / EN

# Professional Agile Leadership - Essentials™ (PAL-E)



Professional Agile Leadership Essentials™ is a hands-on workshop that uses a combination of instruction and hands-on exercises to help managers and other leaders who work directly with Agile teams understand how to best support, guide, and coach their teams to improve their agile capabilities. The workshop provides a foundation for leaders' roles in creating the conditions for a successful business transformation with Agile.

Becoming an Agile organisation is a profound transformation that requires senior leaders, middle managers, and Agile team members to change how they organise their work, manage that work, and measure the work results.

Leaders and managers are critical enablers in helping their organisations be successful. Yet, the role of leaders and managers in an Agile organisation can be quite different from what they are used to. This workshop uses a combination of instruction and team-based exercises to help participants learn how to form and support Agile teams to achieve better results and lead the cultural and behavioural changes that organisations must make to reap the benefits of an Agile product delivery approach.



## Training recipients

- Line managers of Scrum Teams
- Middle management of Agile organisations or companies undergoing a business transformation with Agile
- Project managers involved in Agile product delivery

- Leaders supporting business agility
- Product Owners, Scrum Masters, Agile coaches willing to learn about the manager's perspective on Agile delivery



## Benefits

- Understanding where and how agility can help improve organizational performance by addressing challenges that cannot be solved by other methods
- Gaining knowledge of how Agile teams operate and what managers can do to support their growth
- Learning how to measure the benefits and impact of agility in organizations
- Understanding the role of managers in an Agile organization and how they help achieve the benefits of business agility
- Understanding how culture and values affect an organization's ability to fully benefit from being agile
- Acquiring practical skills to support, lead, and coach agile teams and help them remove obstacles



## Training program

1. Introduction
2. Why Agile matters
3. Developing people
4. Measuring agility
5. Leaders grow agility
6. Challenges of an Agile leader
7. Summary



## Expected preparation of the participant

There are no formal prerequisites for the participants of the course.

A basic knowledge of the Scrum framework is recommended.



## Training Includes

- Certified materials
- Voucher for the PAL I exam



## Language

- Training: English
- Materials: English
- Exam: English

## Examination method

The Professional Agile Leadership I (PAL I) exam is an online assessment. Participants of the PAL-E course receive a one-time code to access the test within 5 workdays after completion of the course. It is not mandatory to take the assessment; however, it is the only way to obtain the PAL I certificate.

## Duration

2 days / 16 hours

## Examination description

- Duration of the exam: 60 minutes
- Required passing score: 85%
- Number of questions: 36
- Type of questions: multiple choice, multiple answer, true/false
- Number of allowed exam attempts: 2 (under the condition that the first attempt needs to be unsuccessful and take place within 14 days from the moment of receiving the access code)