

training code: HR-ZZ / ENG\_2 / EN

# Change Management

"Time of change is a time of anxiety or new possibilities. Your attitude will decide which of these things will be yours. "- Ernest C. Wilson





### Training recipients

- Familiarize participants with key research on people's reactions to changes in the organization.
- Show tools and methods to support the implementation of changes in the organization
- Show how to effectively use Situational Leadership to implement changes
- Become familiar with the ways of responding to negative attitudes related to making changes
- To enable students to learn how to recognize the main types of reactions to change
- Teach an effective way of transferring and making changes taking into account the Situational Leadership model



#### Benefits

After completing the course, the participant:

- Understands the importance of change for organizational development and business building
- Has key knowledge about the process of implementing changes
- Is able to use the Situational Leadership model for effective change management
- Knows stales of reaction to change and can recognize them among employees
- Can react constructively to change
- · Can accordingly communicate change to other employees



#### Training program

- 1. Definition of change, or what we are dealing with
  - Explain the essence of the change



- Factors forcing change: internal and external
- The cycle of change in the organization
- The most popular change methodologies: Kurt Lewin Model, Kotter Model, ADKAR Model
- Cascading and agile change models
- 2. Me and the others, or diagram of mutual relations in change
  - How to start changes?
  - Teach how to respond effectively to the change process
  - Realize possible attitudes in response to changes
  - Allow you to define your own optimal role in change
  - Teach how to define roles during the change process
  - o Impact, prioritization and resistance of stakeholders to the effectiveness of change
- 3. A graph, or a curve of change, what we can expect from ourselves and others
  - Present typical reactions and behaviours occurring during the change
  - Familiarize with the typical reactions and behaviour of those who initiate changes
  - Discuss the emotions accompanying changes
  - Teach appropriate responses to existing emotions
- 4. The leader implementing the change?
  - o Familiarize yourself with the most important tasks of a leader in change management
  - Show how you can use the Situational Leadership model to implement changes in your organization
  - Teach practical ways of planning and implementing the change matrix
  - Familiarizing with internal and external threats in the change process
- 5. Leader implementing the change?
  - o Familiarize yourself with the most important tasks of a leader in change management
  - Show how you can use the Situational Leadership model to implement changes in your organization
  - Teach practical ways of planning and implementing the change matrix
  - Familiarizing with internal and external threats in the change process
- 6. Difficulties and resistance
  - 5 barriers to change and ways to overcome them
  - Tools useful in dealing with difficulties: strength field analysis, stakeholder analysis, engagement map
  - o How to deal with employee resistance in change?
  - Implementation tools that the leader can use when working with his team
- 7. Summary of the workshop
  - Developing plans for implementing new knowledge and methods at the workplace
  - Developing individual "vaccines" and "rituals" to support change.





Expected preparation of the participant

Basic managerial skills.



Duration

2 days / 14 hours

## Language

• Training: English

• Materials: English